

Old Dominion University Bachelor of Science in Psychology

Associate Transfer Degree Plan in Psychology

TRANSFER GUIDE
Catalog Years: 2025-2026

COURSE REQUIREMENTS

Complete at VCCS				Complete at ODU		
BACHELOR'S DEGREE REQUIREMENT	SATISFIED BY			BACHELOR'S DEGREE REQUIREMENT		
Course	Credits	CC Course	Notes	Course	Credits	Notes
UNIV 100	1-2	SDV 100 or 101		MATH 102M/MATH 103M	3	
ENGL 110C	3	ENG 111		PSYC 317	3	
ENGL 211C or 231C	3	ENG 112 or ENG 113		PSYC 318W	3	
Gen Ed: Liberal Arts	3	Any UCGS Art or Humanities	These two courses must come from two different disciplines.	PSYC (Area 1 Course)	3	If students would like to view some of the courses available in any of the PSYC application areas, they may review them in the ODU catalog .
Gen Ed: Liberal Arts	3	Any UCGS Art, Humanities, or Literature		PSYC (Area 2 Course)	3	
PSYC 201S	3	PSY 200		PSYC (Area 3 Course)	3	
Gen Ed: Interpreting the Past (H)	3	Any UCGS History		PSYC (Area 4 Course)	3	
BIOL 121N/122N	4	BIO 101		300/400 Level Psychology Electives	15	
STAT 130M	3	MTH 245 or MTH 155		300/400 Level Non-psychology Electives	6	
ODU Equivalent	3-4	Any UCGS transfer course	ODU requires a Social Science course for the major. ODU recommends students complete this requirement at the VCCS	Electives	19	
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PSYC 2ELE or MATH 200	3-4	PSY 210 or MTH 261	For PSY 210, PSY 200 is a prerequisite; MTH 245 is a corequisite			

PSYC Elective	3	PSY 215, PSY 216, PSY 219, PSY 225, or PSY 230			
PSYC Elective	3	PSY 215, PSY 216, PSY 219, PSY 225, or PSY 230			
Electives	15-18	PSY 211 (PSY 210 is prereq), BIO 141 & BIO 142, World language through 201 or 202 level, MTH 154, MTH 161 or MTH 167 (prereq to MTH 245 or MTH 261), or Courses from previous row or Additional transfer electives	If students complete MTH 161, 167, or 261 prior to transferring to ODU, they will not need to complete MATH 102M/103M. They will have met and satisfied the math requirements. MTH 161 = MATH 162M MTH 167 = MATH 166 MTH 261 = MATH 200		
CREDITS PRE-TRANSFER: 60-62				CREDITS POST-TRANSFER: 61	

TRANSFER GUIDANCE

Guaranteed Admission Agreement to ODU

Students who meet the prescribed curriculum and the criteria below are guaranteed admission into Old Dominion University.

This agreement does not guarantee your enrollment in any specific major.

- Earn a transferable associate degree (Associate of Arts, Associate of Science, and Associate of Arts and Science at approved institutions only)
- Students may submit a [Letter of Intent](#) to Transfer after completion of 15 transferrable credits, 2.5 or higher GPA, and 90 days prior to graduation from a VCCS institution
- Graduate with a minimum 2.5 cumulative GPA
- Earn a grade of "C" or higher in each community college course applicable to the transfer-oriented associate degree program
- Enroll at ODU within one year of completing the transfer-oriented associate degree

Please visit the TransferVirginia.org portal to find course requirements for different majors (Transfer Tools) and **Transfer Guides** that outline course requirements for specific majors. (Resource Center)

See the [VCCS Transfer Programs](#) page for more details in our **Guaranteed Admission Agreement**.

IMPORTANT LINKS & DATES:

- **University Transfer Center:** <https://www.odu.edu/transfer>
- **Intent to Transfer:** Submit a Letter of Intent 90 days prior to graduation from a VCCS institution to ODU. You can review more information about the process at <https://www.odu.edu/transfer/guaranteed-admission>
- **Admission Application:** Priority deadline by August 1 for Fall Admission and by October 1 for Spring Admission. The application for admission can be found here: <https://www.odu.edu/apply/applications>
- **Financial Aid:** [ODU Financial Aid](#)
- **FAFSA - Free Application for Federal Student Aid**

WHAT SHOULD I CONSIDER WHEN SELECTING COURSES?

- Connect with a pre-transfer advisor if you are considering transferring to ODU Contact them at transfercenters@odu.edu in your first year at the VCCS.
- Create a schedule for all required courses, pay attention to prerequisites and when courses are offered, complete your first math and English courses in your first year. For help, see Transfer Steps and Resource Center at www.TransferVirginia.org

- Connect with an advisor at your community college and Old Dominion University within your first year. College Connect available in your account at www.TransferVirginia.org

IS THIS DEGREE RIGHT FOR ME?

- The program offers four areas of study - health, clinical, human factors and industrial/organizational psychology
- Students obtain the ability to define, interpret and apply major concepts, theories and findings in psychology.
- There are opportunities to engage in five psychology-related student organizations.
- Expected goals for students in this major will be able to recognize, analyze and design experimental and nonexperimental research.

WHAT IS THE IMPACT ON MY DEGREE OF WORK I HAVE ALREADY COMPLETED?

- **Associate Transfer Degree Completion:** Lower Division General Education Requirements will be waived for transferable associate degrees. Students completing an AS in General Studies degree recognized by SCHEV are eligible for the waiver as long as they are completing a [transfer degree](#) approved by SCHEV at a VCCS.
- **Dual Enrollment – Completion of Associate Degree in HS:** The GAA at ODU applies to students who have earned an associate degree during high school. Students should apply as a freshman applicant and would be eligible for the benefits of the agreement, such as the lower division general education waiver, if admitted.
- **Credit for Prior Learning:** ODU accepts credits from prior learning to include [AP, IB, CLEP](#), and [Cambridge Advanced A/S](#).
- **Catalog Year:** Undergraduate students may choose to graduate under the catalog in effect of their first enrollment at ODU or any subsequent catalog provided that the students graduate within six years from the date of first enrollment.

IS THIS COLLEGE RIGHT FOR ME?

- Old Dominion University's waterfront campus is in the coastal city of Norfolk, VA, home to the world's largest U.S. Navy base. From internship opportunities with some of the world's top companies, to great shopping and dining, to beautiful beaches and historic sites, there's always something to discover.
 - ODU's 337-acre campus with 3 higher education centers off campus, is the region's only public urban research university. It has both on-campus and off-campus housing options for almost 24,000 students, and a 16:1 faculty ratio.
 - ODU is highly ranked among one of the best public higher education institutions in Virginia for Military Vets.
 - Transfer students make up 40% of the undergraduate population.
- Learn more about our college at www.TransferVirginia.org

DID YOU KNOW THAT...

- Completing your Associate transfer degree post-high school satisfies all lower division general education requirements and increases the chance of completing your bachelor's degree?

- Exceeding 3 years or 90 credits at your community college means you may have exhausted your financial aid at that college and have limited your future financial aid at ODU?

WHAT CAN I DO WITH THIS DEGREE?

Explore possible careers, salaries, and job outlook at www.TransferVirginia.org

PROGRAM SUCCESSES & HIGHLIGHTS

- There is an opportunity to obtain an exceptional academic experience.
- We promote career development opportunities for our students.
- This program encourages creativity and innovation.
- It prepares students for an increasingly competitive workplace.

WHAT ARE MY CHANCES FOR GETTING ACCEPTED?

As of current data from Fall 2024, ODU's acceptance rate for transfer students is approximately 99%

Learn more about applying at www.TransferVirginia.org

DO MORE WITH YOUR DEGREE!

- Gives students opportunities to participate in psychological research projects.
- Human Factors Undergraduate Certificate Program - helps professionals develop new technology that enhance our everyday lives across various domains (e.g., cybersecurity, transportation, medical).
- Gain experiential learning from internships or practicums.

OTHER THAN CLASSES, ARE THERE OTHER PROGRAM REQUIREMENTS?

- Psychology Assessment must be completed after applying for graduation
- Completion of the Senior Assessment - which collects actionable and meaningful data that leads to academic improvement for students and faculty.